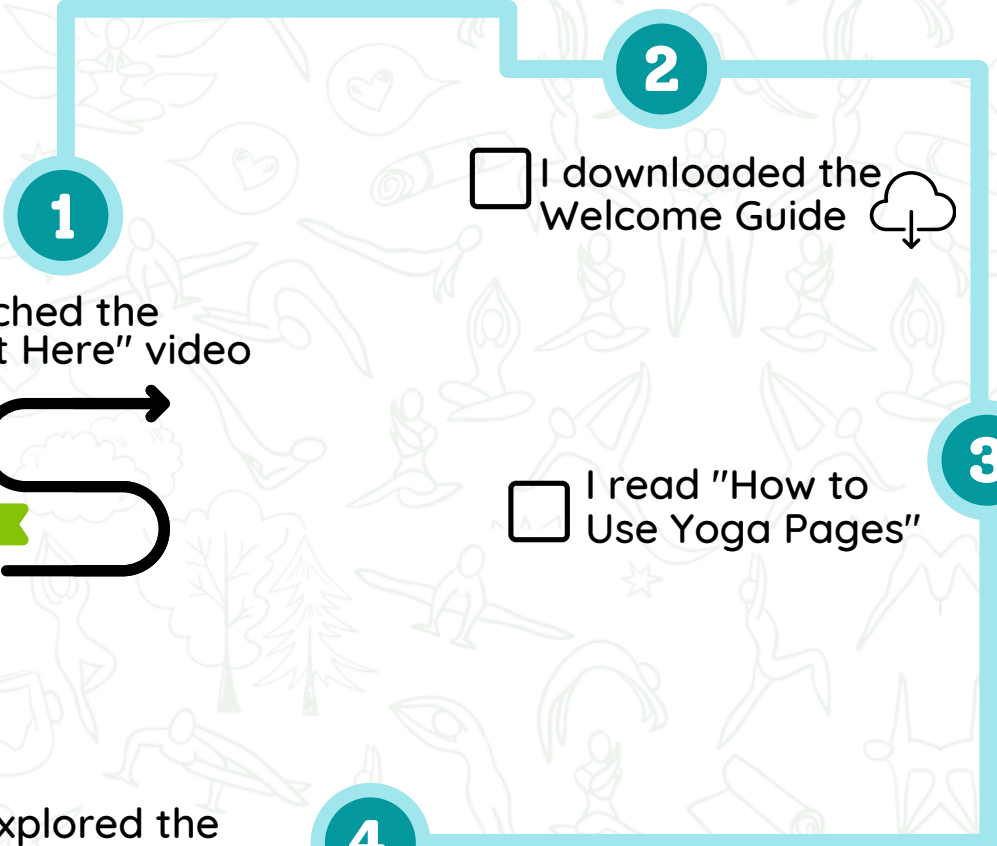


WELCOME!



1

☐ I watched the "Start Here" video



2

☐ I downloaded the Welcome Guide

3

☐ I read "How to Use Yoga Pages"



4

☐ I explored the members area



5

☐ I download this month's pages

Now let the fun begin!



Access this month's theme in the "Monthly Pages" section of your dashboard.